

Discover Your Core Abilities:

Every individual is born with core abilities, which are combined to form a unique pattern, to be used for a unique purpose. The function of a good abilities assessment tool is to measure an individual's innate or natural abilities objectively and then guide that person to find a way to use them in a productive way, helping others and allowing growth in their own life. The two-part exercise to follow is the third of five, dedicated to the process of discovering the unique S.H.A.P.E. of each member willing to give the time and energy to understand who they are and what they are designed to do.

Before we were born God had a purpose for us and, according to The Bible, He created and shaped us to fulfill that purpose. *"We are God's workmanship created in Christ Jesus to do good works which God prepared in advance for us to do"* (Ephesians 2:10). Individual differences in our abilities are primarily influenced by our genetic makeup, but they are also significantly influenced by our level of self-worth, commitment to personal growth, responsibility to others, and the relative amount of control we have over the environments we choose to live in. God has a purpose in mind for us, but we have the power to decide what specific avenue we will take with the gifts and abilities he has given us. For example, an individual may choose to practice law with the gifts of leadership and administration, and the abilities in language and reasoning; on the other hand, he/she may prefer to become a business manager with an equal amount of success and personal fulfillment. The choice is up to us, to settle on how we want to serve with the time that is given to us.

Natural abilities are those essential elements, which combine in each of us to define what we do easily and well. When we operate in the area of our gifts and God-given talents, we have maximum effectiveness and minimum weariness. However, that does not mean we should neglect our weaker gifts and abilities. The ones we are most competent at today may not be the ones that stand out in the future. For many of us, it is a matter of trying out different options, making a great deal of effort, and allowing for some time to pass before we recognize what we are naturally good at and intended to do. This exercise was created on a foundation laid by Spearman (1927), Sternberg (1985), Carroll (1993), and Gardner (1995). Eleven core human abilities were selected, and it is the intention of this exercise to indicate which one's you are most competent at. In reality though, all of your abilities are linked together creating a very complicated structure. Keeping this in mind, this exercise should not be seen as an authority on the subject of human abilities. It is merely a work in progress and should be used only as a tool for further understanding.

***"There are different ways of serving, but the same Lord is served. There are different abilities to perform service, but the same God gives ability to everyone for their particular service."
(1 Corinthians 12: 5-6, GN)***

Exercise A:

In this first exercise, read the statement given and write a number in the box beside it, on a scale from “0” to “5”. Many questions have several different abilities to consider. Your job is to judge how accurately each question represents you. It is most important to rate yourself according to the following scale. “0” means you did not find anything in the question that you agree with. “5” means every part of the statement exactly describes you. When you are somewhere in between these extremes rate yourself modestly. If you are questioning if you should write a “3” or “4” in the box, write a “3”. Also, if you judge the question represents something you have acquired more by learning than something that comes naturally to you from birth, reduce your score accordingly.

1. Effortless oral and written comprehension and expression comes naturally to me. I’m good at spelling, grammar, poetry, quotes and crossword puzzles.
2. Math and science are among my easiest subjects. I am competent to form hypotheses, rule out variables, and modify illogical conclusions.
3. I have the ability to visualize and manipulate abstract objects in my mind. I can use this ability to draw, build or invent tangible things from conceptual models.
4. I have the ability to control my body with precision and to skillfully handle objects. I have good muscular strength and cardiovascular endurance.
5. I have a pleasant singing voice or can play a musical instrument well. It is very easy for me to tell when a musical note is off-key or an instrument is not tuned.
6. I am very comfortable among a group of people. I have many close friends, I accept other people’s individuality, and I never argue against other’s opinions.
7. I have the ability to improve myself in any area, challenging myself, working on my weaknesses, asking the right questions, and maintaining ethical standards.
8. I have done extremely well in school. I understand technology, the workings of the government, people’s behavior, and international economic trade relations.
9. I have the ability to motivate others toward a specific goal. I am self-confident, responsible, adaptable and able to convey my vision for what needs to be done.
10. I have the ability to sort through details and process information requiring systematic organization, labeling, and elimination to operate more efficiently.
11. I can use both my masculine and feminine qualities without fear of ridicule: being rigid and sensitive, aggressive and nurturing, dominant and submissive.
12. I can hear words in my head before I speak them or write them down. I have always been very talkative and learned to read and write at a very young age.

13. True or false, protons are smaller than electrons and antibiotics kill viruses? Also, I am easily able to explain in detail what “The Greenhouse Effect” is.
14. I can easily find my way around unfamiliar territory; I seem to have a natural sense of direction. I can look at a map and readily understand where to go.
15. I am flexible, coordinated, have good balance, posture and speed of movement. I am skilled at many tasks involving manual dexterity and physical stamina.
16. I can easily keep time to a piece of music and maintain an equal-time beat. I can hear a song in my head and sing or play it without sheet music.
17. I am able to teach people what I know how to do. I am able to listen intently to others with low self-esteem and believe in them until they achieve small goals.
18. I easily access my feelings. I can be fiercely independent and self-disciplined. I am comfortable in solitude, stick to commitments, and at peace with myself.
19. I am extremely adaptable to any environment. I have the ability to excel in whatever problem task is given to me. I can do anything I put my mind to.
20. I understand how to seek and obtain mutual benefit with others in order to make things happen. I can persuade others through negotiation and direct instruction.
21. I am good at coordinating and directing people, arranging things in a certain order, and following a plan according to a specific set of rules and regulations.
22. I can take existing objects and ideas, spontaneously make connections between them, and creatively combine them in different ways for different purposes.
23. I have the capacity to use language to achieve practical goals. It would be easy for me to learn another language and entertain or instruct different cultures.
24. I am good at solving logical-mathematical puzzles. I can easily find the next number in this series: 1, 2, 6, 42,?.
25. I have the ability to take things apart and put them back together without the aid of maps, instructions, drawings or notes. I can see the pictures in my head.
26. My physical health is in top form. I have an abundance of energy to spare. I outperform 90% of people I know in sports and other measured physical skills.
27. I have a perfect sense of pitch, intensity, duration and rhythm. I understand tonal patterns and can harmonize with other musicians.

28. I have the ability to work with dominant and recessive personalities. I am readily able to find similarities in all people and love others for who they are.
29. I have a positive concept of myself. I feel that I am worthwhile and useful. Through hard times, my core self has remained alive, productive, and strong.
30. I learn new information quickly, work on several tasks at one time, and make rapid decisions for complex dilemmas on tests and in the real world.
31. I have the ability to obtain higher status, locate and navigate a path for success, and find practical solutions to accomplish tasks to get me to where I need to go.
32. I am competent with clerical duties, accounting, decision making, following directions, office arithmetic, spelling, and communicating instructions.
33. I balance myself between play and work, time alone and time with others, and imagination and reality. I use this balance to produce creative, inspired work.
34. I have the ability to listen to spoken prose for long periods of time without losing focus. I am able to read difficult texts such as Shakespeare and Dickens.
35. Cyndi's brother Dave has two more brothers than he has sisters. How many more brothers than sisters does Cyndi have? This problem was easy for me.
36. If I were to put on a blind-fold and walk through my house, I would be able to easily and safely navigate through all obstacles in every room.
37. I have the ability to process information and make decisions quickly in a game, playing a sport, or driving a car; all five senses are heightened and focused.
38. I am able to compose my own music lyrics or instrumental pieces. I can study or read while listening to music without difficulty.
39. More than anything I am good with people. I can help others gain control over their lives, acting as a guide for people to understand themselves.
40. I follow the guidance of my deepest intuitions and values as often as possible. I have been able to tune into my heart and find the uniqueness of my spirit.
41. I understand the interconnectedness between things. I am able to acquire a vast amount of information and apply my understanding to any situation positively.
42. I have the ability to select the right person for the job I need done. I consider the relative costs and benefits of potential actions and choose the best one.

43. I have the ability to do things productively, reliably, and sensibly. I have obtained the trust of others for my ability to do things right.
44. I have the ability to think of new ideas quickly, express them fluently, in practical or abstract ways, while working in an unstructured environment.

Core Abilities Scoring Summary:

The following chart has eleven core abilities listed, in random order. The numbers listed horizontally to the right of each ability correspond to the specific questions you answered that correlate with that ability. For example, question numbers 1, 12, 23, and 34 belong to Language Ability. Use the space in the box beside each number to write the value that matches what you just selected while completing Exercise A, then total your scores to the right. Once all the scores have been totaled move to Exercise B.

Core Ability	Answer Values				Total
Language Ability	1.	12.	23.	34.	=
Reasoning Ability	2.	13.	24.	35.	=
Visual/Spatial Ability	3.	14.	25.	36.	=
Physical Ability	4.	15.	26.	37.	=
Auditory/Musical Ability	5.	16.	27.	38.	=
Social Ability	6.	17.	28.	39.	=
Self-Understanding Ability	7.	18.	29.	40.	=
Intellectual Ability	8.	19.	30.	41.	=
Leadership Ability	9.	20.	31.	42.	=
Administrative Ability	10.	21.	32.	43.	=
Artistic Ability	11.	22.	33.	44.	=

My top 5 Core Abilities Are:

1. _____
2. _____
3. _____
4. _____
5. _____

Exercise B:

In this second exercise, your task will be to locate your five core abilities, read the definition of that ability, and then choose from the list of job titles that best describes where your abilities might lie. Check as many jobs as you are capable of performing. You may also, if you are inclined to do a little extra work, finish the entire exercise by reading the definitions for all the core abilities and check the jobs that you are capable of performing. The lists of jobs are not exhaustive. You may decide to do a little more research in your area of interest. Remember, you are the final authority on whether or not this test accurately describes your natural abilities. Furthermore, if you agree that there are areas of weakness, relative to your strengths, you may wish to work on building those abilities up, if you see them as essential to help fulfill your heart's true desires. In the end, it is between you and God to decide the best path for your life, wherever you are on your journey of faith.

Language Ability:

These individuals are gifted with the ability to use words in both verbal and written form. These people can express themselves fluently in front of an audience, or celebrate literary status. They are good with phonology, syntax, semantics, and have the ability to achieve practical goals by entertaining, instructing, persuading, or selling. They often have the ability to communicate with second or third languages and to read and speak more quickly than someone without this ability. Often they will keep a diary of their thoughts, feelings and plans or dreams for their life. Other abilities include: giving instructions, interpreting, lecturing, debating, researching, listening to people speaking, memorizing, proofreading, writing books or poetry, and editing.

Sample Professions:

<input type="checkbox"/> Adjudicator	<input type="checkbox"/> Announcer	<input type="checkbox"/> Archivist	<input type="checkbox"/> Broadcaster	<input type="checkbox"/> Editor	<input type="checkbox"/> Host(ess)
<input type="checkbox"/> Instructor	<input type="checkbox"/> Journalist	<input type="checkbox"/> Labour Relations	<input type="checkbox"/> Lawyer	<input type="checkbox"/> Librarian	<input type="checkbox"/> Promotor
<input type="checkbox"/> Public Relations	<input type="checkbox"/> Recruiter	<input type="checkbox"/> Reporter	<input type="checkbox"/> Sales Representative	<input type="checkbox"/> Scribe	<input type="checkbox"/> Speech Pathologist/Audiologist
<input type="checkbox"/> Translator	<input type="checkbox"/> Travel Agent	<input type="checkbox"/> Writer			

Reasoning Ability:

These individuals are gifted with the ability for imageless thinking, in the form of logical and numerical patterns and understanding the relationships between things. They are convergent thinkers, operating from a dominant left-brain perspective. These people are the scientists, mathematicians and logicians. As a child, they built with blocks, manipulated toys, counted squares while walking the sidewalk, investigated how everything works, and solved problems other children of the same age could not. They have a tendency to change only one thing at a time, holding other variables in life constant. They consistently find analogies, find problems to solve, calculate accurately and quickly, and ask questions involving complicated scientific principles and patterns in nature. They are proficient with computers, likely own a telescope, microscope, or other tools that help investigate their surroundings and believe that everything has a rational explanation.

Sample Professions:

<input type="checkbox"/> Accountant	<input type="checkbox"/> Actuary	<input type="checkbox"/> Auditor	<input type="checkbox"/> Chemist	<input type="checkbox"/> Chiropractor	<input type="checkbox"/> Computer Programmer
<input type="checkbox"/> Curator	<input type="checkbox"/> Dentist	<input type="checkbox"/> Detective	<input type="checkbox"/> Dietician	<input type="checkbox"/> Doctor	<input type="checkbox"/> Economist
<input type="checkbox"/> Electrician	<input type="checkbox"/> Financial Analyst	<input type="checkbox"/> Inspector Meteorologist	<input type="checkbox"/> Insurance Advisor	<input type="checkbox"/> Investigator	<input type="checkbox"/> Laboratory Technician
<input type="checkbox"/> Mathematician	<input type="checkbox"/> Meteorologist	<input type="checkbox"/> Nurse	<input type="checkbox"/> Psychiatrist	<input type="checkbox"/> Researcher	<input type="checkbox"/> Scientist
<input type="checkbox"/> Statistician	<input type="checkbox"/> Surgeon	<input type="checkbox"/> Underwriter	<input type="checkbox"/> Veterinarian		

Visual/Spatial Ability:

These individuals are gifted with the ability to perceive the visual world accurately. They have the capacity to perform transformations of objects and images through mental rotations and manipulations, and to recreate these initial perceptions through physical means such as drawing, sculpting, building, or inventing. This person will find details and perceive formations that others will normally miss. This person will usually have perfect vision or the ability to see beyond this optical standard (Super Visual Acuity). They notice the relationships between the physical elements of an object, pay close attention to the empty spaces around things, and flatten images to convert three dimensions to two. This person draws heavily upon the right side of their brain to see things directly, completely, spontaneously, and immediately. With practice they can scan a picture or landscape, close their eyes and then scan the image for additional details not consciously perceived in the original viewing. They have the ability to form mental maps that gives aid to quickly learning unknown territory. Whenever possible, they use charts, diagrams, flowcharts, cartoons, decision trees, designs, sketches, and photographs. They will also have many colourful, vivid dreams on a regular basis.

Sample Professions:

___ Architect	___ Artist	___ Camera Operators	___ Cartographer	___ Cartoonist	___ Computer Graphics
___ Decorator	___ Designers	___ Drafters	___ Driver	___ Engineer	___ Film Director
___ Guides	___ Interior Decorator	___ Inventor	___ Landscaper	___ Marketing Representative	___ Multi-media Specialist
___ Painter	___ Photographer	___ Pilot	___ Set Construction	___ Sculptor	___ Surveyor
___ Urban and Regional Planner					

Physical Ability:

These individuals are gifted with the ability to utilize their physical body, in coordination with their kinesthetic intelligence, to handle objects skillfully, to control their movements with precision, and to process information to make quick decisions to act in relation to the physical realm. In top form, they are flexible, coordinated, have good balance, posture, and speed of movement. They are strong for their size, able to perform physical activity for long periods of time, and have accurate, skillful control over handling objects, with every limb, in harmonious synchronization. They are good at lifting, carrying, running, repairing, assembling, operating, performing, dancing, cooking, sports, and juggling, to name a few. They use all their senses and all their past physical experiences to establish their relationship to the outside world. They sense the tightening of the muscles in their neck, shoulders, chest, and stomach in reaction to good and bad situations. They also are very sensitive to tingling or burning sensations in their skin, hair and muscles in response to frightening or anxious circumstances, their cognitive abilities are heightened by physical movement, and they do not do very well sitting still for long periods of time. There is also an indirect relationship between the kinesthetic individual and being outdoors, in nature.

Sample Professions:

___ Assembler	___ Athlete	___ Baker	___ Barber	___ Brick Mason	___ Construction
___ Cook	___ Carpenter	___ Factory Worker	___ Farmer	___ Fire Fighter	___ Flooring Installer
___ Forest Conservation	___ Gardener	___ Janitor	___ Jeweler	___ Logging	___ Machine Operator
___ Machinist	___ Maid	___ Mechanic	___ Messenger	___ Millwright	___ Packer
___ Painter	___ Physical Education	___ Pipe Layer	___ Recreation	___ Repairer	___ Roofer
___ Stock Clerk	___ Tool and Die Maker	___ Welder	___ Wildlife Conservation		

Auditory/Musical Ability:

These individuals are gifted with abilities in the area of auditory reception, excluding speech comprehension and kinesthetic receptiveness. They have the capacity to perceive and discriminate different aspects of tones and patterns – pitch, timbre, intensity, duration, rhythm, harmony, and melody. These people have a pleasant singing voice or play a musical instrument well. They can more readily learn to record, conduct, transcribe, orchestrate, and critique. It is very easy for them to tell when a musical note is off-key or an instrument is not tuned properly. With practice, they are able to compose their own music lyrics or instrumental pieces. They derive great pleasure or pain from listening to the sounds emitted from various pieces of music. They are easily able to perform other activities while listening to music. They are extremely focused and in tune with their skills while performing alone or with a group of musicians. They banged on toys, furniture, or their body with various tools or utensils from a very young age and had a good ear for different kinds of non-verbal sounds. They also have good auditory memory, able to recall rhythmical patterns, and the ability to reproduce these patterns as graphic linear symbols (musical notes). They also have the ability to maintain an equal-time beat and localize sound accurately in space.

Sample Professions:

___ Broadcast Technician	___ Booking Agent	___ Choral Director	___ Concert Promotor	___ Conductor	___ Disk Jockey
___ Film Music Supervisor	___ Instrument Maker	___ Instrument Sales	___ Instrumental Musician	___ Music Producer	___ Music Publisher
___ Music Teacher	___ Music Therapist	___ Musical Copyist	___ Percussionist	___ Piano Tuner	___ Recording Artist
___ Singer	___ Songwriter	___ Studio/Sound Engineer			

Social Ability:

These individuals are gifted with the ability to make fine distinctions in the intensions, motivations, moods, feelings, and thoughts of other people. They calculate the social consequences – in terms of benefits and losses – of their own behavior and the likely behavior of others. They have the faculty to follow others by anticipation, intuitively, through every change of fortune, conflict of passion, and turn of thought; to make improvements in their own lives and the lives of others, through personal transformations of character. They are very respectful of the differences in others, seeing the benefits of utilizing the best each character has to offer. They are good at teaching others what they have learned how to do themselves. They believe in the power of showing others how to gain control over their lives and take on responsibility, and they give out their time and energy for the benefit of others. They are able to use social tools such as empathic listening, statements of affirmation, conflict resolution, and collaborative problem-solving skills to gain the trust and heart of others. They also have the ability for selecting and using training methods appropriate when learning or teaching new ideas. They are very social beings, at ease around unfamiliar people, they are involved in social activities, and have many close friends with whom they love to spend time with.

Sample Professions:

___ Arbitrator	___ Child care	___ Clergy	___ Correction Officer	___ Counselor	___ Crisis Worker
___ Funeral Assistant/Director	___ Housing	___ Home Care Aid	___ Human Services	___ Learning Disabilities	___ Motivational Speaker/Author
___ Nursing Home	___ Pastor	___ Principal	___ Probations	___ Officer	___ Teacher
___ Psychologist	___ Residential Advisor	___ Social Director	___ Social Worker	___ Sociologist	___ Waiter/Waitress
___ Welfare Worker					

Self-Understanding Ability:

These individuals are gifted with the ability to understand their core Self. They have the capacity to experience a wide range of feelings deeply, with a solid focus on positive self-esteem and the ability to be productive and stick to commitments with passion and strength of character. It is likely those who recognize they have this ability grew up in a home provided with an abundance of love, encouragement, strong role models, and appropriate behavior to model. On the other hand, an early environment filled with fear, depression, hate, neglect, or other forms of abuse has smothered many people, obstructing their natural ability to seek their inner Self. In these cases there is still hope for recovery and the development of positive self-concept and understanding, through counseling and hard work. Those with a concrete image of their true Self have the ability to set goals and follow through with them. They are proactive and driven by eternal values. They make changes from the inside – increasing their sense of direction – through meditation, prayer, covenants, scriptural study, and journaling. They understand that from the foundation of character, comes great relationships. It is not about what people can do for them, it is about what strength they can bring to their relationships. They seek first to understand themselves, then to be understood by others. They see themselves holistically, balancing their mental, physical, emotional, and spiritual domains. Their journey often means time in solitude, where they open themselves up to the mysteries within.

Sample Professions:

Actor Artist Clergy Person Counselor Missionary Musician
 Psychologist Social Work Teacher Theologian Therapist Writer

Intellectual Ability:

These individuals are gifted with the ability to accumulate, analyze, and clarify information and ideas and use this understanding to adapt to almost any situation, using whatever is at hand to reach their goals. They perform extremely well in a scholastic environment when they apply themselves, excel in whatever task is presented to them on a cognitive level, and can work on several tasks simultaneously, making rapid decisions for complex questions presented. They have the ability to understand the connection between things, such as how governmental issues, religion, economics, and history are all tangled in an intricate web affecting the world we see today. They are not necessarily gifted in all the core abilities. Generally they are able to perform well in a range of subjects including English, History and Social Studies, Math and Science, mechanical principles, and nonverbal human interactions with the awareness of others thoughts, desires, feelings, moods, and intensions.

Sample Professions:

Actor Advertising Architect Astronaut Child care Counselor
 Designer Detective Director Doctor Engineer Entrepreneur
 Inspector Journalist Judge Lawyer Magistrate Manager
 Musician Nuclear Pastor Politician Psychiatrist Psychologist
 Public Surgeon Sales Teacher/Professor Writer
Relations

Leadership Ability:

These individuals are gifted with the ability to know what things need to be accomplished to reach a personal vision or goal set out by an institution or system, and they have the ability to communicate these ideas to others while motivating them to action. They are self-confident, responsible, adaptable, and have good interpersonal skills. They are able to enter another person's perceptual model and get them to own the problems and objectives at hand. They are able to identify objectives then create and navigate an appropriate path for the entire team to follow. They can think systematically in practical and concrete ways and they obtain mutual benefit in personal interactions, valuing differences and utilizing individual skills to build a team that is greater than the addition of its single members on their own. Where management is doing things efficiently and correctly, leadership is pointing the manager in the right direction. They are proactive individuals, unrestricted by the attitudes, behaviors, and actions of others or by many of the circumstances that limit other people. They are free to choose their actions, based on their knowledge of correct principles, and they live in harmony with the natural consequences that flow out of their decisions.

Sample Professions:

___Advertising	___Biologist	___Chemist	___Director	___Economist	___Engineer
___Entrepreneur	___Executive	___Journalist	___Judge	___Lawyer	___Manager
___Pastor	___Politician	___President	___Producer	___Psychiatrist	___Psychologist
___Public Health	___Public	___Sales	___Spiritual	___Social Worker	___Supervisor
Advisor	Relations		Leader		
___Teacher	___Vice				
	President				

Administrative Ability:

These individuals are gifted with the ability to use their effective self-management skills – day to day, with every decision that must be made – to fulfill or actualize the goals set out before them. They are able to sort through all the details, systematically organizing data and coordinating and directing people, following the directions of a higher command (whether that command came from a supervisor, senior partner, systematic regulation, or personal vision or principle). They are productive, sensible and practical people that have earned the trust of their peers, coworkers, or employees, to do things right. They have an independent will that drives them to make decisions and choices and act in accordance with them. These “managers” are able to work on the right thing at the right time, with the utmost discipline, using their strength of purpose to fulfill the mission given to them. They are great time-managers, prioritizing and clarifying values, and they compare the relative worth of activities based on their relationship to those values. They focus the majority of their time and energy on those activities in the area of prevention, relationship building, seeking new opportunities, planning, and recreation in order to promote and advocate for positive mental, physical and spiritual health. They organize their lives on a weekly basis and adapt and prioritize on a daily basis. Organizing weekly provides for greater balance and context than daily planning. They realize the key to success in the administrative role lies primarily in proactive functions, not in dealing with the daily crisis matters – constantly putting out the fires, instead of preventing them.

Sample Professions:

___Accountant	___Administrator	___Collector	___Contractor	___Clerk	___Editor
___Farmer	___Financial	___Independent	___Inspector	___Insurance	___Interviewer
	Analyst	Contractor		Claim Examiner	
___Labour	___Lawyer	___Manager	___Paralegal	___Pharmacist	___Postmaster
Relations					
Specialist					
___Purchasing	___Sales	___Secretary	___Statistician	___Supervisor	___Teller
Agent					

Artistic Ability:

These individuals are gifted with the ability to formulate novel ideas or creative methods to solve problems, to bring into existence, to invest individuality, or to give rise to social worth. These people are divergent thinkers, operating from a dominant right-brain perspective. They have the ability to take existing objects and ideas, spontaneously make connections between them, and combine them in different ways for different purposes. They have a high level of creativity or originality, from a natural play instinct. These new ideas may be expressed tangibly as a word, phrase, gesture, figure, drawing, musical composition, or action. Broken into parts, the domain of idea production includes the ability to think of ideas quickly and coherently, express ideas fluently and functionally, in practical or abstract ways. It is the ability to produce an original concept or product while working in an unstructured environment. Creative individuals can work long hours, with great concentration, while projecting an aura of enthusiasm. They tend to be intelligent; yet, naïve at the same time. They have a good sense of balance between playfulness and disciplined work ethic, imagination rooted in a sense of reality, and the ability to be in solitude or perform for a group of people. They are both humble and confident in their work, demonstrating selflessness and a sense of ambition simultaneously. They have the ability to utilize both their masculine and feminine personality traits, being rigid and sensitive, aggressive and nurturing, dominant and submissive.

Sample Professions:

___ Announcer	___ Architect	___ Artist	___ Baker	___ Broadcast Technician	___ Carpenter
___ Camera Operator	___ Cosmetologist	___ Counselor	___ Curator	___ Designer	___ Drafter
___ Hairstylist	___ Interior Designer	___ Machinist	___ Marketing	___ Musician	___ Photographer
___ Producer	___ Public Relations	___ Recreation	___ Reporter	___ Tailor	___ Teacher
___ Writer					

A final note

If you enjoyed these exercises and have not completed the first two of this series, you may want to contact the office for copies of:

“The Journey to Discovering Your Spiritual Gifts” and “Living Your Heart’s Desire”.

The next two exercises in this journey are focused on finding your unique personality and recognizing the experiences you have obtained along the way.

If you know anyone who is struggling with questions such as: “Who am I?”, “What should I do with my life?”, or “What can I do with the experience I have to be more centered on God and His Kingdom?” Encourage them to take a look at these exercises. Taking the time to answer the questions and thinking about the results will help you to focus your attention on the things that matter most. Being aware of the gifts and abilities God has given you for His purpose, you will be drawn in closer to God and given an internal sense of direction. God wants a relationship with you, but he waits for you to seek Him out and desire Him with all the passion you have to offer. He has prepared in advance certain types of work that you might choose to follow. For your personal fulfillment and for the optimal service of others, your journey is to follow the road to close personal relationship with your master Jesus Christ. In Him you will find the answers to the eternal questions that you seek.

Thanks for sharing the journey.
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